

M.S. in Sport, Exercise, and Performance Psychology

Students must complete requirements in one of the following program tracks:

- Applied (<https://www.uwgb.edu/sport-exercise-and-performance-psychology/program-overview/applied-track/>) Track: Prepares students to work in applied sport, exercise, and/or performance psychology careers, providing the foundation courses and practicum opportunities to progress toward becoming Certified Mental Performance Consultant® (<https://appliedsportpsych.org/certification/>) (CMPC).
- Course-Based (<https://www.uwgb.edu/sport-exercise-and-performance-psychology/program-overview/thesis-track/>) Track: Equips students with knowledge and skills in mental performance that can be applied to careers with performance-oriented individuals. Provides opportunity for foundation courses aligned with the Certified Mental Performance Consultant® (<https://appliedsportpsych.org/certification/>) (CMPC) and individualized coursework in areas like coaching, leadership, and group facilitation.

Applied Track

Code	Title	Credits
Required Courses:		39
PSYCH 605	Applied Psychological Statistics and Methods	
PSYCH 610	Counseling Microskills	
PSYCH 621	Theories of Sport, Exercise, and Performance Psychology	
PSYCH 625	Theoretical Orientations	
PSYCH 627	Professional Ethics in Psychology	
PSYCH 721	Applied Sport and Performance Psychology	
PSYCH 730	Sport Sociology	
PSYCH 738	Psychology of Injury	
PSYCH 740	Multicultural Psychology	
PSYCH 786	Pre-Practicum	
PSYCH 787	Practicum I	
PSYCH 788	Practicum II	
PSYCH 790	Special Topics and Projects	
Total Credits		39

Required Culminating Project Process:

1. In their last semester of study, Applied Track students will complete a culminating project (in PSYCH 790) that requires students to reflect on and knowledge and experience gained throughout their practicum courses and applied consulting work. The project includes a paper and a poster. The poster will be presented at the end of the year SEPP event.
2. A GR4 form that is approved by the student's SEPP faculty advisor and by Graduate Studies. Filing the Approval of the Project Presentation (GR-4 Form) with the Graduate Studies Office indicates satisfactory completion of the culminating project.
3. The Registrar's Office confers the student's degree once the following materials are submitted: Final grades entered for all courses that demonstrate degree requirements are fulfilled and completed GR4 form.

Course-Based Track

Code	Title	Credits
Required Courses:		30
PSYCH 605	Applied Psychological Statistics and Methods	
PSYCH 610	Counseling Microskills	
PSYCH 621	Theories of Sport, Exercise, and Performance Psychology	
PSYCH 625	Theoretical Orientations	
PSYCH 627	Professional Ethics in Psychology	
PSYCH 721	Applied Sport and Performance Psychology	
PSYCH 730	Sport Sociology	
PSYCH 738	Psychology of Injury	

PSYCH 740	Multicultural Psychology
PSYCH 790	Special Topics and Projects
Choose 9 credits of electives:	
AT 561	Health Promotion Through the Lifespan
AT 745	Interprofessional Education Seminar
BUSAN 570	Data Science for Managers
EDUC 616	Principles of Coaching (Education is adding EDUC 616, 617 and 618 to their graduate curriculum this catalog year)
EDUC 617	Philosophy of Athletics and Coaching
EDUC 618	Organization and Administration of Athletics
HWM 700	Contemporary Health and Wellness Perspectives
HWM 705	Strategic Management for Wellness Managers
HWM 715	Professional Communication for Wellness Managers
HWM 720	Exercise and Nutrition in Health and Disease
HWM 730	Holistic Aspects of Health
HWM 740	Health Systems and Policy for Wellness Managers
HWM 750	Planning and Evaluation for Wellness Managers
HWM 760	Wellness Law
HWM 770	Human and Group Behavior
MGMT 589	Organizational Behavior
MGMT 652	Teams
MGMT 730	Leading the Self
NUT SCI 621	Community and Public Health Nutrition
NUT SCI 712	Culinary Medicine
PSYCH 544	Dying, Death, and Loss
PSYCH 635	Psychopathology
SOC WORK 540	Strengths-Based Group Facilitation
SOC WORK 542	Psychopharmacology
SOC WORK 683	SELECTED TOPICS
SOC WORK 724	Motivational Interviewing
SOC WORK 727	Psychopathology in Clinical Social Work
SOC WORK 767	Assessing Risk, Resilience, and Psychopathology in Social Work
Total Credits	

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Required Culminating Project Process:

1. In their last semester of study, Course-Based Track students will complete a culminating project (in PSYCH 790) that requires students to reflect on milestone learning/knowledge experiences that provided them the opportunity to demonstrate, apply, and accomplish the SEPP program learning outcomes. Additionally, students will reflect on how their acquired SEPP program learning outcomes will inform their future career. The Culminating Project includes a paper and a poster. The poster will be presented at the end of the year SEPP event.
2. A GR4 form that is approved by the student's SEPP faculty advisor and by Graduate Studies. Filing the Approval of the Project Presentation (GR-4 Form) with the Graduate Studies Office indicates satisfactory completion of the culminating project.
3. The Registrar's Office confers the student's degree once the following materials are submitted: Final grades entered for all courses that demonstrate degree requirements are fulfilled and completed GR4 form.